



## Stand Firm

### 1 Peter 5:5–11

**Opening Question:** Think about a time when life felt uncertain, overwhelming, or outside of your control. What helped you keep going during that season?

**Read Scripture:** 1 Peter 5:5–11

## Discussion Questions

### 1. Peter begins by saying, “God opposes the proud but gives grace to the humble.”

- Why do you think humility is necessary before we can truly stand firm in our faith?
- What are some ways pride can make it harder to trust God?
- What does humble dependence on God look like in everyday life?

### 2. The sermon talked about how our identity shapes our behavior.

- How does knowing that we are chosen, loved, and cared for by God change the way we respond to difficult situations?
- When trials come, do you tend to respond more like “I have to fix this myself” or “God, I need You”?
- How can remembering who we are in Christ help us endure?

### 3. Read verse 7 again:

“Cast all your anxiety on him because he cares for you.”

- What makes it difficult for us to give our worries to God?
- What are some burdens people commonly carry?
- What is the difference between ignoring our problems and surrendering them to God?

### 4. Peter describes the enemy as a roaring lion looking for someone to devour.

- Why do you think suffering can sometimes cause people to pull away from God and others?
- Why is isolation dangerous during difficult seasons?
- How does Christian community help us stand firm?

### 5. Verse 10 says that God will “restore you and make you strong, firm and steadfast.”

- How does this promise give us hope when we are walking through trials?
- Where have you seen God strengthen you through a difficult season?
- How can remembering God’s past faithfulness help us trust Him in the future?

## Application

This week, consider these three steps:

1. **Humble yourself:** Ask God, “Where am I trying to control something that I need to surrender?”
2. **Cast your anxiety:** Name one burden you are carrying and intentionally give it to God in prayer.
3. **Stand firm:** Find one way to stay connected to God and His people during difficult seasons.

## Closing Prayer

God, thank You that You are faithful even when life is difficult. Help us humble ourselves under Your mighty hand and trust that You are in control. Teach us to cast our anxieties on You because You care for us. When trials come, help us stand firm—not because we are strong enough on our own, but because You are our strength. Restore us, strengthen us, and make us steadfast in our faith. Amen.