



Everyday Resurrection

Text: Epistle to the Colossians 3:1–17

Theme: Resurrection changes daily life

Icebreaker

Describe a time when something in your life changed dramatically—but your habits didn’t catch up right away. What happened?

Key Idea

A changed reality should produce a changed life. Because we are raised with Christ, our attitudes, habits, and relationships should reflect that new life every day.

Discussion Questions

1. A New Direction (vv. 1–4)

- What does it practically mean to “set your hearts and minds on things above”?
- How does your “worldview” shape the way you respond to everyday situations?

2. A New Fight (vv. 5–11)

- Paul says to “put to death” certain sins. Why do you think he uses such strong language?
- Which of the attitudes or behaviors listed do people tend to “manage” instead of eliminate?

3. A New Way to Relate (vv. 12–14)

- Which of these qualities (compassion, kindness, humility, etc.) comes most naturally to you? Which is hardest?
- Why is forgiveness such a powerful evidence of a changed life?

4. A New Rhythm (vv. 15–17)

- What does it look like to let the *peace of Christ* rule in your heart?
- How can you intentionally build rhythms of God’s Word, worship, and gratitude into your daily life?

Application

This week, identify **one area** where your daily life doesn’t match your resurrection reality:

- A thought pattern
- A habit
- A relationship
- A behavior you’ve been tolerating

What is one specific step you will take this week to address it?

Pray Together