



Follow the Risen Lord

Text: Matthew 28:1–10

Icebreaker

- What is one moment in your life that completely changed your perspective on something?

1. From Fear to Hope (vv. 1–5)

- What fears were the women and disciples experiencing in this passage?
- Why do you think fear is such a common response—even for people who believe in God?
- Where do you personally struggle with fear, anxiety, or uncertainty right now?
- What would it look like for you to live like “*fear does not get the final word—Jesus does*” this week?

2. Trusting Jesus’ Word (v. 6)

- Why is the phrase “*just as He said*” so important?
- How does the resurrection strengthen your trust in Jesus?
- What is one promise of Jesus you find hard to trust fully?
- What is one area of your life where you need to trust Jesus more right now?

3. From Followers to Witnesses (vv. 7–8)

- What stands out to you about the women being “*afraid yet filled with joy*”?
- Why do we often hesitate to share our faith or story?
- What does it mean that they “*ran*” to tell others?
- Who is one person in your life that you feel prompted to share your story with?

4. Worship That Leads to Action (vv. 9–10)

- What does it mean to truly worship Jesus—not just admire Him?
- Why do you think Jesus repeats, “*Do not be afraid... Go and tell*”?
- How are worship and mission connected?
- What is one step you can take this week to live out your faith beyond Sunday?

Closing Challenge

Because the tomb is empty: your past can be forgiven, your present can be transformed, your future can be secured.

Final Questions:

- Where is Jesus calling you from fear to hope? Where do you need to trust His Word? Who is He sending you to?

Pray