



Strengthen Your C.O.R.E. — Week Three: Relational Support

Opening Prayer (Leader)

Invite God to guide the conversation with honesty, grace, and mutual encouragement.

Scripture Focus: Ecclesiastes 4:9–12, Hebrews 3:12–13, Galatians 6:1–2

Icebreaker (5 minutes)

Share briefly:

- Who has been one person in your life that helped you grow — spiritually or personally?

Digging into the Word (15 minutes)

1. Ecclesiastes 4:9–12

What dangers of isolation do you see in this passage?
Where do you see strength coming from relationships?

2. Hebrews 3:12–13

Why do you think Scripture connects *encouragement* with guarding our hearts from drift?
What does “encourage one another daily” look like in real life?

3. Galatians 6:1–2

How does Paul describe the *tone* and *purpose* of accountability?
Why is gentleness essential for spiritual restoration?

Personal Reflection (10 minutes)

Invite honest conversation:

- Who is currently helping you grow in your faith?
- Who knows you well enough to notice when you’re drifting?
- In what ways are you intentionally encouraging others?
- What makes it difficult to let others speak into your life?

Application & Practice (10 minutes)

As a group, discuss:

- What would it look like for this group to be a place of encouragement and accountability?
- How can we move beyond “surface-level” relationships into mutual support?

Challenge for the Week:

- Intentionally encourage one person this week.
- Pray about one relationship where God may be inviting you to step deeper.

Closing Prayer (Leader or Group)

Pray for openness, courage, and commitment to grow **together** in Christ.