



Week 2: The Monster of Anger

Icebreaker

What's something small that easily "lights your fire"? (It could be something silly —like traffic— or something serious.)

Discussion Questions

1. **When the Fire Spreads** - James compares the tongue to a spark that can set an entire forest ablaze.
 - How have you seen anger—yours or someone else's—spread quickly and cause damage?
 - Why do you think anger feels so justified in the moment?
2. **What's Fueling the Flame?** - Anger is never neutral; it's always fueled by something.
 - What usually fuels your anger—pride, hurt, fear, or something else?
 - How can you tell when your anger is "reactive" (from pain) versus "righteous" (from God's purpose)?
3. **Redeeming the Fire** - When surrendered to God, anger can be transformed into passion for justice and compassion for others.
 - How might God want to redeem your anger—turning it into something that brings healing or light?
 - What would it look like to be "quick to listen, slow to speak, and slow to become angry" (James 1:19) in your daily relationships?

Practical Challenge

Identify one area where anger is smoldering in your life—toward a person, situation, or even toward God.

Pray this week:

"Lord, take the fire in me and use it for Your glory. Don't let it destroy what You're building in me. Turn my anger into compassion, my pain into purpose, and my fire into light."